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Subject: Just a friendly remind about sound  
Posted by [Crystal](#) on Tue, 11 Sep 2007 20:09:51 GMT  
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For those of you that like your speakers loud here is a link to remind us all to watch our ears.[http://www.hearnet.com/at\\_risk/risk\\_aboutloss.shtml](http://www.hearnet.com/at_risk/risk_aboutloss.shtml)

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Subject: Re: Just a friendly remind about sound  
Posted by [sacback](#) on Fri, 14 Sep 2007 19:42:05 GMT  
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Yeah i read up on that and even though I found interest in it, I still can't stop from listening to my music loudly. It is addictive as heck.

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Subject: Re: Just a friendly remind about sound  
Posted by [woodfree](#) on Thu, 30 Dec 2010 07:16:35 GMT  
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It's great to be reminded that listening to music at a high-volume level can damage your ears. I used to listen to my music very loud when I was young. But now I realize that I have to take care of my hearing. Don't want to go deaf!

Pretty hard to find a balance though! Some songs need to be loud!

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Subject: Re: Just a friendly remind about sound  
Posted by [GoodVibrations](#) on Sun, 02 Jan 2011 18:15:42 GMT  
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I used to crank up the volume on music, though I don't do it so much anymore unless there is a song that I really enjoy. But many times because of the quality of the radio or player, I notice much more distortion if the music is played really loud.

My husband still cranks up the sound, but then he has tinnitus so he is just trying to get it to the point he can hear the music quality.

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Subject: Re: Just a friendly remind about sound  
Posted by [Wonderwoil](#) on Mon, 03 Jan 2011 07:47:37 GMT  
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Everything in moderation, that's my motto these days! Someone said some music needs to be loud, which is very true. However, for the sake of our hearing and good relations with the neighbors you have to strike a balance.

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Subject: Re: Just a friendly remind about sound  
Posted by [audioaudio90](#) on Mon, 03 Jan 2011 16:01:49 GMT  
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I do try to keep things at a reasonable level and protect my ears. I am really bad about it in the car though; whenever I turn my car on the radio is always blaring.

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Subject: Re: Just a friendly remind about sound  
Posted by [Adveser](#) on Mon, 03 Jan 2011 20:15:21 GMT  
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I think as long as people don't have a trunk full of subwoofers or tin can tweeters, the loud music maybe protecting your hearing at the right volume in a car, considering the dynamic nature of how ears work. A loud spike in sound or environmental noise are likely to not to injure you ears when they are already "braced" for a loud noises.

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Subject: Re: Just a friendly remind about sound  
Posted by [PopcornAlley](#) on Wed, 02 Mar 2011 00:46:27 GMT  
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Thats an interesting point about bracing your ears and how it can actually protect your hearing. Im guilty also of playing music loud while in the car. Was always kind of concerned since I regained my hearing but was legally deaf as a child.

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