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Subject: Morning or night person

Posted by [Prince](#) on Sun, 05 Oct 2025 05:41:50 GMT

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We are all built differently. Some are very good during the morning time while others are better at night. Are you the type who is far more active in the morning or do you achieve more at night?

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Subject: Re: Morning or night person

Posted by [Becky](#) on Sun, 05 Oct 2025 19:04:18 GMT

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I'm a morning person and I'm too energetic very well in the morning. My brain and mind is so sharp that I do things so easily without stress. I love my night for sleeping and with no disturbance.

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