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Subject: Music and Mood

Posted by [Kingfish](#) on Thu, 02 Jan 2025 18:18:56 GMT

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How much of a correlation between the two do you think there is? Personally, I think they tie together rather tightly. Some people don't see a correlation at all, while I can't see how they can't see it.

I use music constantly to reaffirm my moods or get me into a better mood.

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Subject: Re: Music and Mood

Posted by [Rusty](#) on Thu, 02 Jan 2025 20:48:50 GMT

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Like you, I find its correlated. Its what compels me what to rustle up during a phono session. I'll usually end up with a stack of albums on top of my big ole Theater 4 Pi's afterward. They do make a good platform for that. As well as divine listening. Sometimes my mood though can dictate no music at all.

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Subject: Re: Music and Mood

Posted by [gofar99](#) on Sun, 05 Jan 2025 01:43:51 GMT

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I certainly think that music can influence mood. But at my age I have come to prefer quiet at least as much.

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Subject: Re: Music and Mood

Posted by [The Noise](#) on Sat, 11 Jan 2025 15:32:03 GMT

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I think there is a direct correlation, albeit subtle. In my opinion, subtle influences like music on moods are the most potent influences. In a way, they're like words, as they can also influence people subtly.

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