Subject: Monitoring Usage
Posted by Airforce 3 on Mon, 10 May 2021 20:38:09 GMT
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We hear about monitoring the usage of television and the internet in regards to young children all the time. What we don't hear a lot of is headphones and hearing. Eardrums can get damaged with prolonged exposure to loud music, and headphones can be the main culprit.

Subject: Re: Monitoring Usage
Posted by Silver on Tue, 11 May 2021 00:14:46 GMT
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Nice PSA

You're right though, we don't hear many warnings about this anymore. There for a time it used to be a thing, but not lately.

Subject: Re: Monitoring Usage
Posted by Madison on Tue, 11 May 2021 16:23:19 GMT
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They make headphones that limit how high the volume can go. It always stays within a range that's safe for kids. My girls have some that are made by JBL.

Subject: Re: Monitoring Usage
Posted by Mica on Tue, 11 May 2021 19:56:38 GMT
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You're right, we don't hear about that at all anymore. I mean I am always telling the kids to take them out, or turn it down. I would hope that more parents are actually paying attention to this.

Subject: Re: Monitoring Usage
Posted by Beck on Tue, 08 Jun 2021 16:33:34 GMT
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Speaking of audio equipment, I think earbuds are especially harmful to our ears because of how it's located deeper into the ear compared to headphones. It became a trend due to its convenience but it makes me wonder if hearing problems will rise over the years.

Subject: Re: Monitoring Usage
Posted by Zart on Sat, 12 Jun 2021 13:25:05 GMT
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Personally, it's inconvenient to use headphones because they eventually get heavy the longer time you use them. Sometimes, I get a headache from wearing those that using it makes me feel tired faster.

Subject: Re: Monitoring Usage
Posted by Acacia on Tue, 13 Jul 2021 05:49:02 GMT
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I started to regulate my use of earphones and other audio equipment because it began affecting my attentiveness. It's unfortunate, however, that people who rely on it for their work will find it difficult to minimize headphone use.