

---

Subject: Sound-proofing advice?

Posted by [KalebTheAudioGuy](#) on Sun, 13 Dec 2020 05:23:48 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

What are good sound-proofing options for a large room that doesn't have any carpet in it? I'm in an apartment building, so I can't afford to damage the walls. I also live on the second floor, so I have neighbors below me to worry about as well.

---

---

Subject: Re: Sound-proofing advice?

Posted by [Leot55](#) on Sun, 13 Dec 2020 06:23:28 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Two things that can help are adding some thick fabric curtains and some plush area rugs. It's not a perfect solution, but they're easy fixes that won't require you to make any permanent changes.

---

---

Subject: Re: Sound-proofing advice?

Posted by [KalebTheAudioGuy](#) on Fri, 18 Dec 2020 03:37:21 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

That's a pretty good idea. My mom is always telling me I need to spruce up my room, so a rug and curtains will serve a double purpose--sound-proofing and decorating! :d

---

---

Subject: Re: Sound-proofing advice?

Posted by [Raymond](#) on Sun, 20 Dec 2020 05:37:20 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

You could also look into an acoustic room divider as an additional way to sound-proof. I have one that I got for under sixty dollars. I like using it to further sound-proof a small area of a room.

---

---

Subject: Re: Sound-proofing advice?

Posted by [PinkHair](#) on Tue, 22 Dec 2020 03:20:20 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

You could also buy a pad to put under a rug that you're adding, or that you might already have in the room. They're pretty inexpensive. I found one on Amazon for under forty dollars.

Here's an example of one

[https://www.amazon.com/Mohawk-Home-Surface-Hardwood-Surfaces/dp/B007T58N80/ref=sr\\_1\\_5?dchild=1&keywords=soundproofing+under+rug+pads&qid=1608607133&sr=8-5](https://www.amazon.com/Mohawk-Home-Surface-Hardwood-Surfaces/dp/B007T58N80/ref=sr_1_5?dchild=1&keywords=soundproofing+under+rug+pads&qid=1608607133&sr=8-5)

---

---

Subject: Re: Sound-proofing advice?

Posted by [Raymond](#) on Tue, 16 Feb 2021 20:28:40 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

PinkHair wrote on Mon, 21 December 2020 21:20 You could also buy a pad to put under a rug that you're adding, or that you might already have in the room. They're pretty inexpensive. I found one on Amazon for under forty dollars.

Here's an example of one

[https://www.amazon.com/Mohawk-Home-Surface-Hardwood-Surfaces/dp/B007T58N80/ref=sr\\_1\\_5?dchild=1&keywords=soundproofing+under+rug+pads&qid=1608607133&sr=8-5](https://www.amazon.com/Mohawk-Home-Surface-Hardwood-Surfaces/dp/B007T58N80/ref=sr_1_5?dchild=1&keywords=soundproofing+under+rug+pads&qid=1608607133&sr=8-5)

I didn't know that these pads existed! They look like a good option to keep your sound-proofing discreet (unlike my room divider suggestion). I might look into getting some of these!

---

---

Subject: Re: Sound-proofing advice?

Posted by [Mica](#) on Sat, 20 Feb 2021 21:45:37 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Definitely put carpet padding down and a thick plush throw rug. Also pillows help, so add pillows to your furniture. Emptier rooms are horrible so put things in the room to help absorb the sound.

---