Subject: Hearing loss
Posted by sawyer25 on Sat, 07 Mar 2020 14:05:25 GMT
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Several people suffer from noise-induced hearing loss, and at times, this results from a one-time exposure to loud sound. On the other hand, repeated exposure to sound at various loudness levels over an extended period is harmful. What is the best way out of this?

Subject: Re: Hearing loss
Posted by gofar99 on Sat, 07 Mar 2020 21:37:44 GMT
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Hi, An odd question. Use ear protection. Do not expose yourself to it. Once it happens you are done forever usually.

Subject: Re: Hearing loss
Posted by lilbill on Mon, 09 Mar 2020 16:59:10 GMT
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There is sound in our environment, and those from television, radio, and other household appliances should be at safe levels. The issue with NIHL is that it can be immediate or can be discoverable after a long time. Wearing protective devices when involved in a loud activity can help, and so can knowing that noises at or above 85dBA can be hazardous.

Subject: Re: Hearing loss
Posted by Nouri on Fri, 15 May 2020 14:59:25 GMT
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The more noise pollution you live around on a daily basis should help dictate how loud your personal audio in your personal space should be. If you live in the country, for example, you can crank it a little louder because your eardrums have not been bombarded by different levels of noise all day.

Your eardrums are not bullet proof, so they should not be "shot at" constantly all day.

Subject: Re: Hearing loss
Posted by Azuri on Wed, 27 May 2020 02:19:40 GMT
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Don't stand beside a bomb that's about to go off and don't go to The Who concerts in the 80's.
:lol:

But seriously, just don't expose yourself to loud music at all.