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Subject: Soundproofing from outside noise  
Posted by [lilbill](#) on Tue, 07 May 2019 19:12:26 GMT  
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There are quite a number of steps involved when looking to reduce noise emitted from a room from the outside. What then is the easiest method of ensuring the reverse. A good starting point is to have insulated walls and ceilings, right?

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Subject: Re: Soundproofing from outside noise  
Posted by [Augustus](#) on Mon, 13 May 2019 00:34:36 GMT  
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Do you mean from room to room in your own home or are we talking about a duplex or apartment situation? Years ago, joint walls typically included solid masonry construction which worked wonders at keeping noise from disturbing others. I can tell a big difference between my grandfathers home and mine when it comes to this.

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Subject: Re: Soundproofing from outside noise  
Posted by [johnnycamp5](#) on Sun, 19 May 2019 16:18:54 GMT  
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That's right.

Masonry walls are surely the best way of soundproofing a room in either direction. It is often the quickest solution as well, if you haven't already gone through all other options first and found them insufficient (example- double layer 5/8" drywall on both sides of framing wall.)

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