Subject: Dark Setting
Posted by Malfoy on Sun, 30 Sep 2018 16:24:15 GMT
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Most of us would like to watch movies in a dark setting. But my mother, who is a very health conscious individual, told me that watching in the dark will have a negative effect on my eyes. I still watch in the dark, but I would like to know whether there is some grain of truth to what my mother told me.

Subject: Re: Dark Setting
Posted by drake on Mon, 01 Oct 2018 16:37:33 GMT
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The ideal home theater experience is that a room should be dark, but with enough illumination to allow people move around freely. I don't really think there would be any effect to your eyes but again, your mother is just being cautious, which isn't a bad thing per se.

Subject: Re: Dark Setting
Posted by Malfoy on Tue, 09 Oct 2018 16:22:56 GMT
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I understand what you mean about being cautious, but sometimes I think my mother is becoming paranoid about watching movies in the dark. I think the lack of research regarding this matter might mean that the eyes aren't really affected when watching in the dark.

Subject: Re: Dark Setting
Posted by mamoss on Tue, 09 Oct 2018 17:14:31 GMT
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I don't like it when a room is too dark, just as a matter of preference. Have you ever tried to walk into a dark room and ended up struggling to see? As drake says, the idea is to have just enough light, to enable people to move around in the room, with ease.

Subject: Re: Dark Setting
Posted by Malfoy on Thu, 11 Oct 2018 01:37:06 GMT
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You both have a point walking in a dark room. But when we are watching a film, then there would be light coming from the TV or the projecture. So I don't think there is a problem walking in a dark room while watching.

Subject: Re: Dark Setting
Posted by Duks on Sun, 21 Oct 2018 18:58:22 GMT
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I don't believe the impact is too significant, although a really bright screen in a very dark room may cause some discomfort to your eyes. I've also heard a similar notion about sitting too close to the screen.

Subject: Re: Dark Setting
Posted by Jazzy on Mon, 22 Oct 2018 14:52:46 GMT
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Duks has a good point about the distance of the eyes from a screen. I would believe regarding the computer screens that may damage the eyes when we look at the screen for a long period of time and at a short distance.

Subject: Re: Dark Setting
Posted by gofar99 on Tue, 23 Oct 2018 22:44:15 GMT
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Hi, Not to knock anyone's mother...I doubt it. Same goes for watching too close and other similar folk tales. In the really early days of TV the tubes sometimes (in poorly designed sets) would emit more Xrays than we now allow...but with flat screen TVs this is a thing of the past. There are no XRays emitted. If darkness was a problem movie theaters would not use it. I would keep just enough light around so as to not fall on your face heading for the fridge for a cold one. :lol:

Subject: Re: Dark Setting
Posted by Jazzy on Wed, 24 Oct 2018 15:53:33 GMT
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gofar99 wrote on Tue, 23 October 2018 17:44I would keep just enough light around so as to not fall on your face heading for the fridge for a cold one. :lol:
Haha... The light of the TV screen should be enough for you to see where you are going.

I think the radiation thing is not the problem. It is more about the eyes fixed on the screen and that it might strain the eyes.