
Subject: Favorite Workout Music
Posted by [Spidey](#) on Wed, 07 Mar 2018 19:01:50 GMT
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Music has always helped fuel my workout sessions. Unfortunately, my "get pumped" playlists are getting tired. What are some of your favorite songs, bands, or albums to play while you're doing strength-training? What about cardio?

Subject: Re: Favorite Workout Music
Posted by [EasyE](#) on Thu, 08 Mar 2018 21:19:51 GMT
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This isn't a very original answer, but I usually just browse on Spotify for workout playlists. People put a lot of time and thought into those playlists and you can find some really specific ones out there. Pandora also has a few stations, but they're not nearly as good, in my opinion.

Subject: Re: Favorite Workout Music
Posted by [Madison](#) on Sat, 17 Mar 2018 02:18:53 GMT
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I'm pretty sure that no workout playlist is complete without Eye of the Tiger. And that includes the younger generations as well because it's a classic.

Subject: Re: Favorite Workout Music
Posted by [Leot55](#) on Sun, 18 Mar 2018 03:44:15 GMT
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I have to constantly mix it up with my workouts and the music I use to keep me going or I get bored and want to stop. I download workout lists by searching for fitness or running on iTunes. It keeps things fresh and I'm happy to pay for that.

Subject: Re: Favorite Workout Music
Posted by [EParkes](#) on Mon, 19 Mar 2018 00:09:15 GMT
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I completely agree with you, Madison. No workout playlist is complete without that song. I never get tired of it! I've never downloaded playlists on iTunes before, Leo, but that sounds like a good way to switch things up. Spotify is free though, so that's where I usually go. There are a lot of great playlists on YouTube as well.
