
Subject: I am not good around new people
Posted by [moss24](#) on Fri, 10 Feb 2017 20:45:37 GMT
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We once went for a birthday party with my younger sibling. Throughout the entire time, I muttered no single word since I am not always good company around new people. What type of personality does this description address?

Subject: Re: I am not good around new people
Posted by [sawyer25](#) on Sun, 12 Feb 2017 10:07:55 GMT
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You are anything but a sanguine. I am also like this but I am always open to making new friends. I love to study whatever environment I am in before getting into my true element and at times it can take me quite a long time to get used to people.

Subject: Re: I am not good around new people
Posted by [Azuri](#) on Sun, 12 Feb 2017 17:06:30 GMT
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You're an introvert. Google "Jung's personality types" and you'll get a more detailed description of all of them. I think there's eight total, but I could be wrong.

Subject: Re: I am not good around new people
Posted by [Ssal](#) on Fri, 24 Feb 2017 22:42:49 GMT
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I think that if you're not good around other people then it just shows that you haven't gotten to know yourself very well because we should be comfortable meeting and greeting other people. Try a course in gaining self confidence or raising your self esteem.

Subject: Re: I am not good around new people
Posted by [Cortney](#) on Fri, 24 Feb 2017 22:44:40 GMT
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I agree that raising your self awareness is the quickest way to get you socializing and to let go of any anxiety that you may harbor when in such situations.

Subject: Re: I am not good around new people
Posted by [Vernon](#) on Thu, 02 Mar 2017 20:16:30 GMT

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A lot of us aren't good around new people up to a certain point. But you do have to have the confidence to know that you can deal with such situations when they do arise. It will help you navigate them better in the future.

Subject: Re: I am not good around new people
Posted by [moss24](#) on Sun, 12 Mar 2017 19:30:39 GMT
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Ssal wrote on Fri, 24 February 2017 16:42I think that if you're not good around other people then it just shows that you haven't gotten to know yourself very well because we should be comfortable meeting and greeting other people. Try a course in gaining self confidence or raising your self esteem.

Far from it; it has nothing to do with self esteem. It is more of a personality trait than any other thing. I have never been good at making friends at the first instance plus I realized that there are quite a number of people like me.
