Subject: A Second Wind
Posted by Nouri on Sun, 24 Apr 2016 21:27:30 GMT
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Sometimes when I get home from work, I'm spent. I'm tired and don't feel like doing anything even when there are still things to do around the house. But if I take 30 minutes to listen to some soft jazz or Simon and Garfunkel, I get a second wind. I get enough energy back to finish out the day.

Are you like that too?

Subject: Re: A Second Wind
Posted by decibel 12 on Wed, 25 May 2016 09:08:05 GMT
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I get like that too, but S and G would only put me to sleep.

Those 80's power ballads are what does it for me when I need coffee for the ears.

Subject: Re: A Second Wind
Posted by Finn on Wed, 25 May 2016 12:11:48 GMT
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Oh I agree, I wouldn't be able to listen to anything that is too soft or I'll be asleep before I know it. I have to listen to something that will make me want to dance around to get my second wind.