
Subject: Best Earbuds for Workout
Posted by [Kenwoody](#) on Sat, 11 May 2013 05:58:24 GMT
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I like to listen to music while I'm working out, but the earbuds I have are driving me crazy. They won't stay in my ears! Which earbuds would you recommend for running?

Subject: Re: Best Earbuds for Workout
Posted by [Chicken](#) on Sat, 11 May 2013 13:29:03 GMT
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I can't recommend any in particular, but perhaps the earbuds you are using are too big for your ears. I know when I buy earbuds I usually have to size down, and once I do, they stay in a bit better.

Subject: Re: Best Earbuds for Workout
Posted by [timron](#) on Thu, 16 May 2013 05:34:09 GMT
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Kenwoody, what do your ear buds look like? I ask because when I first started running, I used the tiny ear buds that came with my mp3 player. They wouldn't stay in my ears either, so I had to switch up to those that fit over your ears instead. They're actually made for when you're exercising. They have this hook thing that goes over the top of your ear so they can't fall off.

Subject: Re: Best Earbuds for Workout
Posted by [Nymeria](#) on Thu, 16 May 2013 15:37:54 GMT
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I bet the ones that hook over your ears are a lot nicer, especially when you are doing high-impact cardio, such as running. I should invest in a pair myself.

Subject: Re: Best Earbuds for Workout
Posted by [The Mother](#) on Tue, 23 Jul 2013 18:14:35 GMT
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It's a little comforting to know that someone else has this problem! I must have tiny ears. I get the smallest earbuds I can and I use the tiniest little tip they offer. But it's like my ears just reject the earbuds. I can't listen to anything for having them pop out and then needing to stick the little things back in my ear!

Do the hook over the ears kind stay still? It seems like to me that they would just bounce around like regular headphones.
