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Subject: Radio at the Gym

Posted by [Nymeria](#) on Thu, 31 Jan 2013 20:00:43 GMT

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My gym has satellite radio that they pipe over the speakers for people without mp3 players. It's pretty nice because they change the station daily so we're not always listening to the same stuff. I was quite impressed with the variety. Do you use satellite radio?

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Subject: Re: Radio at the Gym

Posted by [Chicken](#) on Tue, 05 Mar 2013 12:33:41 GMT

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No, I don't use satellite radio. I know it has greater variety and sometimes I think that would be nice, but I don't want to pay for it.

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Subject: Re: Radio at the Gym

Posted by [gofar99](#) on Wed, 06 Mar 2013 22:54:49 GMT

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Hi, I use satellite radio all the time in the car and from time to time in the house. Sound quality seems to be a jump above MP3 but not truly hi-fi. Nice playing in the background though. In the car it's nice as the stations don't go away every 50-100 miles. You can listen to your favorite stuff all the time anywhere.

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Subject: Re: Radio at the Gym

Posted by [audioaudio90](#) on Mon, 11 Mar 2013 14:17:46 GMT

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gofar99 wrote on Wed, 06 March 2013 17:54: Hi, I use satellite radio all the time in the car and from time to time in the house. Sound quality seems to be a jump above MP3 but not truly hi-fi. Nice playing in the background though. In the car it's nice as the stations don't go away every 50-100 miles. You can listen to your favorite stuff all the time anywhere.

That would be really nice. I don't have satellite radio, so I have to surf the frequencies when I'm on a road trip. I'm used to it and it's not bad, but not having to do switch all the time, especially in mountainous areas, would be great.

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Subject: Re: Radio at the Gym

Posted by [DJ Dave](#) on Thu, 04 Apr 2013 13:21:07 GMT

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I love having music to work out to. I just hate that some people have the nerve to complain, just

because they don't want to hear certain types of music. That is why a lot of gyms choose to go without it.

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