Subject: Keith Richards bio - Life
Posted by Shane on Wed, 26 Sep 2012 15:01:55 GMT
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Although not music or a movie, this book gives some real insight into the life and times of a real rock and roll legend.  The first part is a little slow as it goes over a lot of the reasons he plays guitar the way he does (great for us guitar enthusiasts!), but once you get to the middle and all the touring stuff it's really quite interesting.  Dispels a lot of the myths and reinforces some others.  He actually went on a heroin-infused bender while recording once that lasted 9 days with no sleep.  Just stayed in the recording studio and kept laying down tracks.

Subject: Re: Keith Richards bio - Life
Posted by The Noise on Fri, 02 Nov 2012 02:48:00 GMT
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I read that book back in the summer and I thought it was really good. I never knew he wrote "Gimme Shelter" in a "state of fog" as it were, and the insights into how he is as a person was pretty eye opening.

Great book.