
Subject: Favorite workout music
Posted by [LoveJB](#) on Wed, 01 Aug 2012 00:35:29 GMT
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What is your favorite workout music? I'm talking about the music that makes you want to get up and move! High cardio exercise is what I'm talking about. I'm looking for new music ideas!

Subject: Re: Favorite workout music
Posted by [Rockstar](#) on Sun, 16 Sep 2012 20:17:07 GMT
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Work out music? I usually just put the TV on or I take a class and there is no optional music allowed. I do love rock music when I am walking.

Subject: Re: Favorite workout music
Posted by [audioaudio90](#) on Wed, 19 Sep 2012 12:18:08 GMT
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I'm generally a classic rock fan but it's not always the best for working out. My favorite workout music tends to be hip hop and pop.

Subject: Re: Favorite workout music
Posted by [gofar99](#) on Thu, 20 Sep 2012 02:30:50 GMT
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Hi, After nearly getting creamed by a car jogging ...I don't listen to anything now.

Subject: Re: Favorite workout music
Posted by [Shane](#) on Wed, 26 Sep 2012 14:58:05 GMT
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Working out inside it's classic rock like ACDC, the Stones, etc...

Outside near traffic, like Bruce said, nothing. It's too dangerous.

Subject: Re: Favorite workout music
Posted by [Damon73](#) on Thu, 27 Sep 2012 02:30:50 GMT
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audioaudio90 wrote on Wed, 19 September 2012 07:18 I'm generally a classic rock fan but it's not

always the best for working out. My favorite workout music tends to be hip hop and pop.

I'm pretty similar, I don't normally listen to a lot of pop music, but for working out I like something that has a good beat. I also like some classical music, but it has to be fast and aggressive.

Subject: Re: Favorite workout music

Posted by [SonicSound](#) on Sat, 29 Sep 2012 01:10:10 GMT

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My favorite music tends to be songs like "Sound the Alarm" by Nicki Minaj. I dare say, sometimes I am definitely in the mood for "Titanium" by Sia and David Guetta whenever I am on the bike, too.
