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Subject: Suppressing Outside Noise

Posted by [Yaser](#) on Fri, 26 Aug 2011 04:11:13 GMT

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What should I do in order for me to suppress outside noise, like rain or vehicles passing by? I have this problem when I watch something and the outside noise just disrupts what I'm watching.

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Subject: Re: Suppressing Outside Noise

Posted by [Jenna](#) on Sun, 28 Aug 2011 04:35:26 GMT

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I read somewhere about electronic noise cancellation devices being developed that can be put on walls to stop sounds from passing through them. Currently, there are headsets that can be used to suppress the noise you hear from the outside but it might be annoying to always have to wear a headset!

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Subject: Re: Suppressing Outside Noise

Posted by [DinosaurDance](#) on Sun, 11 Sep 2011 17:36:44 GMT

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Check your windows and doors; they may need new seals, which should help a little with sound and will definitely help with energy costs. Also, get some nice thick drapes that will absorb the outside sounds before they get to you.

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Subject: Re: Suppressing Outside Noise

Posted by [Christy](#) on Mon, 12 Sep 2011 21:59:04 GMT

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I suggest looking into some heavy duty drapes, preferably a sound proof type. Also try getting some thick styrofoam, and cut it to fit your window exactly. Both should cut down on outside noise.

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Subject: Re: Suppressing Outside Noise

Posted by [mixinlady](#) on Mon, 02 Jul 2012 20:11:30 GMT

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If headphones or other soundproofing methods don't work, you could train yourself to tune light sounds out. I personally am only really bothered by high-pitched sounds that just won't stop.

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Subject: Re: Suppressing Outside Noise

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Posted by [VoigtClub](#) on Fri, 26 Oct 2012 00:55:30 GMT

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It's a little difficult to advise on a soundproofing question without some more detail on 1) exactly what kind of sound you want to block out, and 2) what kind of acoustical situation you currently have. If the concern is about the "whoosh" and "shhhh" sounds of cars and rain, then it's a high frequency issue and can be solved by blocking open entry paths like cracks under the door and between window panels. If the problem is more related to booming, shaking, and pounding sounds, then it's a low frequency issue, which is going to involve not only blocking entry paths with lots of mass, but damping and decoupling beams, adding more mass to walls with extra drywall... or just moving to a quieter place.

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