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Subject: Start yer day with a shave and 5 Mgs of Valium!

Posted by [Bill Epstein](#) on Fri, 01 Jul 2011 17:17:12 GMT

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Back from having a Heart Cath and it was clear. Now I have to take it easy for 48 hours. I know how to do that

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Subject: Re: Start yer day with a shave and 5 Mgs of Valium!

Posted by [Wayne Parham](#) on Fri, 01 Jul 2011 20:02:35 GMT

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Sweet! That's what I'm talking about!

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Subject: Re: Start yer day with a shave and 5 Mgs of Valium!

Posted by [Wayne-o](#) on Sat, 02 Jul 2011 04:51:32 GMT

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As always, Good to hear from you Bill. Enjoy reading your post and glad you are back home. Get well soon.

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Subject: Re: Start yer day with a shave and 5 Mgs of Valium!

Posted by [Matts](#) on Sun, 03 Jul 2011 13:40:33 GMT

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Good news! relax & enjoy...

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