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Subject: Transforming basement to practice/recording space

Posted by [Jolene](#) on Sat, 18 Jun 2011 16:01:42 GMT

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Hey everybody,

We are moving into the new place within the month. It is so exciting! I want to put the music room in the basement. The space is already carpeted but I am worried about soundproofing the ceiling. We don't really have a ton of money for this and looking for solution that is not too ugly. Suggestions?

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Subject: Re: Transforming basement to practice/recording space

Posted by [Doppler](#) on Thu, 30 Jun 2011 15:38:08 GMT

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A quick and easy yet important step you could do is to check for small openings or cracks. You need to use filler or sealant for these...Right now, all I can think of is to use foam insulation.

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Subject: Re: Transforming basement to practice/recording space

Posted by [Nymeria](#) on Sat, 09 Jul 2011 15:19:58 GMT

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Audio foam is the best option, but I've also heard of styrofoam and egg cartons. If it were me though, I would stretch thick blankets across the ceiling.

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