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Subject: John Coltrane

Posted by [jimdgoulding](#) on Mon, 28 Sep 2009 03:35:30 GMT

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Were an old dog to recommend some Coltrane tracks for inquiring minds, I would recommend these (he is not something you jump into without some knowledge most of the time) . .

My Favorite Things (from the album by the same name)

Spiritual (from Live at The Village Vanguard)

Afro Blue, The Promise and Alabama (from Live at Birdland)

Out of This World (from Coltrane)

Parts Two and Three (from A Love Supreme)

Out of This World is transcendent to me as Coltrane remains faithful to the melody (written by Harold Arlen & Johnny Mercer) returning to it many times to launch his excursions with more depth of passion, mastery of his instrument (the tenor in this case) and intensity with each flight.

Tracks Two and Three from A Love Supreme are similar but not quite the trip as they are shorter in length but contain (on Part Three) McCoy Tyner at his young and yearning best.

Had the pleasure many times of seeing his core quartet at The Jazz Workshop in San Francisco.

I would just add that the best sonics for all the band members are to be heard on the Verve release of a remastered John Coltrane- The Impulse! Albums. Good listening.

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