Subject: SUPERSIZE ME!
Posted by wunhuanglo on Sat, 09 Apr 2005 15:07:18 GMT
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You gotta' see this documentary movie – it's nothing short of astounding.For those who haven't heard of it:A guy, a very, very fit guy, eats nothing but McDonald's for 30 days. Within 2 weeks it actually POISINS him. His liver starts to fail: his liver chemistries go completely haywire. At one point they flash to his later lab tests and there are at least a dozen abnormals – prior to that, 3 doctors and an exercise physiologist pronounced him extraordinarily fit and healthy.It's astounding – the food actually is toxic – treats his liver like benzene would.He shows passages during the movie from a McDonald's court filing where they say, several times, that their food is bad for you – they plainly say you shouldn't consume their product!This is a must see – if only for it's view of American culture.Before you think this rave review is coming from a vegan Wayne's size let me make one thing very clear – I'd have to lose 100 pounds to get the lead in The Jackie Gleason Story . No shit.I eat this kind of crap all the time and I know that there's only one way to get to be a fat bastard, you have to eat like a fat bastard. The point is that given my personal positive bias toward eating crap as a matter of course, I still find the story not only amazing but completely credible.

Subject: Re: SUPERSIZE ME!
Posted by Wayne Parham on Sat, 09 Apr 2005 18:14:02 GMT
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Mmmm. Big Mac and fries!I'm sure fast food isn't much good for me, but I like it anyway. I wish there were more of 'em like Sonic, where you drove in and they brought it to your car.

Subject: Re: SUPERSIZE ME!
Posted by Manualblock on Sat, 09 Apr 2005 23:17:50 GMT
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Huge discussion going on in the blogoshere concerning that film. It's really about the creation of class distinctions through corporate manipulation. We all like Burger King but it is a crime to fill every school lunchroom with it. They drive out the real meal availability in many places and force those without means to resort to this butchers offal. Then we pay twenty years down the line with the medical bills.

Subject: Re: SUPERSIZE ME!

Posted by Wayne Parham on Sun, 10 Apr 2005 14:45:42 GMT
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Seems I heard that Oklahoma was planning to ban them from selling in the schools. Pulling out the vending machines too. So now the school dope dealers will start selling crack and Snickers.

Subject: Re: SUPERSIZE ME!
Posted by Manualblock on Sun, 10 Apr 2005 17:25:15 GMT
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What would that be..Crickers? We had a big brouhahah here when the girls at one of the high schools picketed the cafeteria for selling unhealthy foods after they saw the movie. Funny; the food service people denied there was a drop in sales until the local news org. showed pics of the empty cafeteria for a week. Then they required the school provide a 12 ft cold display counter for 6000$ to keep the foods fresh. The school threatened a lawsuit pursuint to the contract to provide"healthy foods".They bargained the school down until parents agreed to split the cost through donations.There's a lesson here somewhere.Maybe; in the end the working middle class pays the freight.

Subject: Re: SUPERSIZE ME! --> The Corporation
Posted by lon on Mon, 11 Apr 2005 03:05:05 GMT
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Other must-see documentary is "The Corporation". I was amazed.Though The Corporation is not in the video stores like Supersize Me,you will never see big business the same again. This show has been running in theaters longer than Fahrenheit 911.It just came onto dvd after a theater run of a year-- April to April.From one crap eating fat bastard to another.Mr. Pastaface The Corporation

Subject: Re: SUPERSIZE ME!
Posted by Mike.e on Fri, 29 Apr 2005 03:41:27 GMT
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Heh I must see it!In UK a similar situation-schools providing lunch for little kids, but not fruit and sandwiches but those fake foods,lollies and chips everyday,obesity in kids rising so their quickly changing over to the more expensive food caterers!Here in NZ no state funded food in schools,but parents choose crap food alot of the time!