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Subject: Re: Sound sickness?

Posted by [Hank](#) on Mon, 22 Jun 2026 06:28:40 GMT

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jesstasy wrote on Sun, 25 July 2010 14:58In the same way that sound can make you ill it can also have the opposite effect as well. Sound can give you a relaxing and calming effect. It can be an aphrodisiac. It can also stimulate brain cells and can be a great tool for studying. It all depends on what sounds or music you are listening to!

Well, this is the reason music lovers should figure out the genres that bring out the best in them. I believe there is music for everyone no matter how some would act like music doesn't really affect them that much.

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