Subject: Re: How do you handle boredom?
Posted by Becky on Sat, 06 Dec 2025 05:23:27 GMT
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Visiting friends is one of the best ways that I use to cure boredom. I don't like sleeping at noon, and that means it is out of the equation.

So, when I go on a short walk to my friend's place and by the time we are done gisting about ladies' stuff, the night must have reached. I will just go back home, make dinner, eat, and have some chats with some online friends.

This has been the way that I've been handling being bored for a long time as it helps me to protect my mental health.