Subject: Re: Would you stay awake to finish a movie/series Posted by Helen on Tue, 07 Oct 2025 03:42:10 GMT

View Forum Message <> Reply to Message

George wrote on Mon, 06 October 2025 08:15 If I have not stressed myself much for the day, then there is no big deal with staying awake to finish watching a movie as long as such a movie is quite interesting for me to watch. I can only sleep off if I have been stressed out or had a hectic day at the office.

I don't joke with my sleeping time and that is the reason that I am always very careful with what I watch at night. If it is a movie series, I watch a few episodes and once it is around 11 pm, I should be planning to sleep or even force myself to sleep because the next day is a working day for me.