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Subject: Re: Subliminal Music

Posted by [Kingfish](#) on Thu, 26 Dec 2024 13:34:15 GMT

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These days, when I hear the term "subliminal messages," my mind goes to the music and how that can have subliminal impacts on your psyche. More to the point, the mood the music sets, the rhythm, and time signatures. This all leans more toward musical therapy, which is subliminal by nature and function.

The lyrics in a song can be subjective, much the same way a painting is subjective: The listener takes out what they interpret from it. The music, however, is more absolute, and while I don't know everything about the science behind it yet, it affects your state of mind, and it does so in a subliminal way because you don't feel the change as it happens. The change is very low-key.

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