Subject: Re: How does darkness impact mental health and well-being?
Posted by Rusty on Sun, 20 Aug 2023 12:48:56 GMT
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Except when the dog days of summer drain all your invigoration away. Humidity in the upper 60's and heat index of 112 makes for cabin fever like the dead of winter. You just wear a lot less clothes. Can't wait for the leaves to turn now.