At least for the Baltic states, giving Latvia as an example of the post Soviet countries that joined the EU to experience Neoliberalism. When austerity was imposed that the financial masters demanded, the youth as pointed out in this article, "instead of protesting, voted with their backsides and began emigrating when wages shrank and taxes burdened labor".
https://michael-hudson.com/2013/01/latvias-economic-disaster-as-a-neoliberal-success-story-a-model-for-europe-and-the-us/
Economics plays a great part in society, and it's tendency to either work for the benefit of the working people or the financial few determines the overall health that a population trends towards.