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Subject: Re: Singing to Relax

Posted by [kaitlincampean](#) on Wed, 22 Jun 2022 18:21:48 GMT

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I completely understand you. For me, singing has always been something very personal, because I've thought all my life that I sing disgusting. Back at school, one of my friends told me this, and these words caused me a huge complex for my whole life. Of course, children don't think about what consequences their words may have, but it still became something too personal for me. Only recently I started going to therapy and raised the question that I can't sing, although I've always dreamed about it. My psychologist advised me to start with articles and videos on YouTube about how to sing correctly and start practicing at home. In this regard, I really like the Musicaroo website, as there is a lot of useful information for beginners like me.

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