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Subject: Re: Singing to Relax

Posted by [Curry](#) on Fri, 13 May 2022 11:49:21 GMT

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In this fast pace today we sometimes get so busy with the details of our lives and it's so easy to get caught up, forgetting to have a moment with music. Like all art, it takes to pause the mind to appreciate it and feel the sweetness that comes from it.

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