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Subject: Practicing while lying down

Posted by [Strum Drum](#) on Sun, 23 Jan 2022 20:47:32 GMT

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Despite being a musician for years, I've never seen anyone play their instrument while lying on their back, until today. Apparently, violinists sometimes practice on their backs in order to alleviate the strain on their necks and shoulders. This is the only photo I could find on the web. It's pretty neat.

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### File Attachments

1) [Violinist.png](#), downloaded 225 times

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