Subject: Re: Music In Therapy Posted by LoveJB on Tue, 21 Dec 2021 21:05:06 GMT

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Grazing cows love music too - now that is pretty cool.

Yeah, I have a cousin who is a musical therapist. She said you wouldn't believe how well it works. It totally makes sense to me. Music can change your mood (either happy, sad, good or bad) with just one song.