Subject: Re: Do you sleep to music?
Posted by Rusty on Sat, 13 Nov 2021 13:27:42 GMT
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No music, no tv. I can't let the sandman take me away with human voices and music going. I can't disassociate from it. Maybe though I should try the music of Pink Floyd to lull me for an insomnia event. I've always considered their music as sedative rock.