
Subject: Sound Machines for a Better Sleep

Posted by [Spotifier](#) on Wed, 27 Oct 2021 07:52:04 GMT

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I came across this while searching for how to sleep better. Seeing that this is a thing tells a lot about how people are having a hard time fixing their sleep. There are sounds like these on our phones, but relying on that can lead you to use other apps. Since these are below \$50, it's not so bad to try and have one. Do you think it's practical, though?
