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Subject: Lying Down with a Podcast

Posted by [Zart](#) on Sun, 19 Sep 2021 06:49:56 GMT

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I can't be disturbed when listening to podcasts. I always try to focus on the content, especially when it's educational stuff. Others prefer doing something while listening to it, but that seems wasteful to me. So, most of the time, I'm lying on the bed when I'd play something.

What about you? How much attention do you give when listening to a podcast?

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