Subject: Focusing on One Sound
Posted by Acacia on Fri, 26 Mar 2021 06:25:33 GMT
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Listening to songs, instruments that were used to composed it can be identified. I was advised before that to develop my focus, I can follow the sound of the bass in the song and concentrate on that. Have you tried using music for self-improvement? Aside from leisure, I think it can have a lot of applications.