

---

Subject: Re: Listening To Nature's Music

Posted by [Souldude](#) on Thu, 21 Jan 2021 04:20:40 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

Whether it's morning or night, it's always calming to get lost in the sounds of nature. That's maybe one of the reasons why people living in rural areas are more relaxed. When I would go for a jog at night, looking at the stars and observing the sound of my surroundings helps me regain my senses after getting tired.

---