Subject: Re: Stand Up at Desks

Posted by Lennix on Sat, 28 Jul 2018 02:38:34 GMT

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^ I'm with you on this one. Even with the most comfortable shoes in the world, standing all day doesn't sound appealing to me whatsoever.

I don't really see how changing from one static position to another would have enough health benefits to make it worth it.

I applaud people who do it though.