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Subject: Re: Stand Up at Desks  
Posted by [Kingfish](#) on Mon, 09 Jul 2018 13:53:26 GMT  
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If you work at home and have the latest tech., you can walk around, or even workout, while talking to clients or dictating text through your bluetooth. With the text, just transfer it from your phone to your home computer and continue working.

That way you get exercise and not lose any working time.

The standing at your desk would only work for me if EVERYthing is moved up to a standing level, not just the computer.

I think it's a good idea though.

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