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Subject: How closely do you follow politics?

Posted by [EasyE](#) on Thu, 08 Mar 2018 21:14:05 GMT

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Sometimes, I just get nauseous when I'm on social media or news sites because I feel like politics are just getting way too divisive and toxic. I feel bad about avoiding it though. I feel like I'm not supposed to do that as an adult. I also feel like if I'm upset about it, then maybe there's something I should be doing to try and change that. Sadly though, it seems like most people enjoy the caustic dialogues between the two sides. I used to love that kind of sparring . . . then I got too tired to be that angry all the time.

Do you follow politics or do you avoid try and avoid it?

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