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Subject: Re: 2018

Posted by [SpeakUp](#) on Tue, 27 Feb 2018 19:29:15 GMT

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I really like making resolutions, even if I don't fulfill them. I usually aim more for "life goals" rather than things that I can change right away. I don't quit habits or start new activities, but just try to tell myself things like "be kinder and more appreciative" or "find a new skill to learn." I don't stress out about them. It's really more about looking at my life and where I believe there's room for improvement, you know? Apparently, I have a lot of room for improvement since I have a list of 50+ goals.

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