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Subject: Re: Earphones to use when jogging  
Posted by [Hylo](#) on Mon, 13 Mar 2017 06:07:47 GMT  
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It depends where I'm running. On a trail I know is safe, dedicated to runners, horse-riders and no cars, I'll listen to music while I jog. It distracts me from the burn and sore feet. On the roads and open tracks with cars, it's not a good idea.

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