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Subject: Re: Earphones to use when jogging  
Posted by [gofar99](#) on Wed, 08 Mar 2017 02:21:51 GMT  
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As a long time jogger...I say it is a very bad idea. You tend to lose situational awarness. This can be really bad for single women. Someone can come from behind and you will never hear them. Also it is easy to get wrapped up in the music and miss something like a bicycle or very quiet electric car about to hit you.

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