

---

Subject: Earphones to use when jogging  
Posted by [cwemoy](#) on Tue, 07 Mar 2017 11:22:11 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Is it ever a good idea to have these on when outdoors? Proponents argue that it aids in keeping your concentration in check whereas opponents assert that this can be a huge distraction. Either way, what specifications should I look out for?

---