

---

Subject: Re: Do you sleep to music?

Posted by [chatzy02](#) on Tue, 07 Mar 2017 11:19:08 GMT

[View Forum Message](#) <> [Reply to Message](#)

---

I sleep to personal development programs like Esther Hicks' workshops or Bob Proctor's programs. My favorite is the Born Rich program. I could listen to that over and over for years to come.

---