Subject: Re: What do you do when stuck in traffic?
Posted by Cortney on Fri, 25 Nov 2016 09:09:43 GMT
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It's always great to have stuff ready to do for when you get stuck in traffic, that way you're more likely to stay calm and stress-free no matter how long you're stuck there. I keep some audio books and some self-development cds in the car so that I can feel that something positive comes from even being stuck in traffic.