Subject: A Second Wind
Posted by Nouri on Sun, 24 Apr 2016 21:27:30 GMT
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Sometimes when I get home from work, I'm spent. I'm tired and don't feel like doing anything even when there are still things to do around the house. But if I take 30 minutes to listen to some soft jazz or Simon and Garfunkel, I get a second wind. I get enough energy back to finish out the day.

Are you like that too?