Subject: Re: Soldering with Shaky Hands
Posted by minora on Sun, 24 Apr 2016 11:17:36 GMT
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Sometimes I do get the tremor as well, though not so often. When it happens, I try to rest for a while, shift my focus to something far away for 10-15 minutes, then start again. Leaning arms against firm material also help to reduce the tremor. Don't stress yourself too much. If the problem persists even to other activities, maybe you should go see a doctor.