Subject: Fitbit "Silent" Alarm

Posted by Nymeria on Tue, 26 Aug 2014 13:59:26 GMT

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I have a Fitbit with a "silent" alarm; it vibrates and emits a low buzz. I wear it on my belt or collar and surprisingly it always wakes me up. I don't understand how it can be so quiet and yet so effective. Does anyone else have experience with this?