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Subject: Ears and HD and sinuses

Posted by [RustyC](#) on Sun, 18 Aug 2013 00:53:44 GMT

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Hearing is about audio too, right?

Somewhere on this board, someone recently pointed out that there was no point in buying HD music to play on a cheap hifi system.

Well, I thought I was reaching the point where my hearing loss was making spending money on anything audio foolish. But I went to an ENT who has help me dramatically. It turns out that allergies, and swollen sinuses and ongoing congestion can create hearing loss. And that a regimen of antihistamines and the likes can not only improve your breathing, but help your hearing! My hearing actually is provably better, according to tests, while I'm on the antihistamines. Will wonders never cease

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