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Subject: Re: Music as a study aid?

Posted by [The Mother](#) on Tue, 23 Jul 2013 02:42:43 GMT

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What I heard as a college student years ago is that if you are studying for a test you should study in the same conditions as you will take the real test.

If you've had a lot of coffee studying, you should go to the test well caffeinated. If you know you'll be taking the test in the room with a noisy fluorescent light, you should study with similar noise.

Since very few teachers play music during tests, or allow things like iPods, I think music would not be a good study aid.

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