Subject: Re: Best Earbuds for Workout

Posted by timron on Thu, 16 May 2013 05:34:09 GMT

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Kenwoody, what do your ear buds look like? I ask because when I first started running, I used the tiny ear buds that came with my mp3 player. They wouldn't stay in my ears either, so I had to switch up to those that fit over your ears instead. They're actually made for when you're exercising. They have this hook thing that goes over the top of your ear so they can't fall off.